

1989 Region 1AA Championship at Carleton College, Northfield, June 1 & 3, 1989

Teams: Apple Valley 131.75, Rochester Mayo 68.75, Rosemount 64, Burnsville 39, Winona 31.5, Faribault 30.5, Northfield 30, Austin 29, Red Wing 24.75, Owatonna 24, New Prague 16, Rochester John Marshall 14, Albert Lea 12, Lakeville 9.75

100

1 Dave Baiel, Apple Valley	10.8
2 Marvin Sims, Apple Valley	11.0
3 Marcus Windbush, Roch JM	11.0
4 Eric Haney, Austin	11.1
5 Kevin Teske, Faribault	11.1
6 Chad Bohonek, Albert Lea	11.1

200

1 Dave Baiel, Apple Valley	22.5
2 Chad Bohonek, Albert Lea	22.8
3 Eric Haney, Austin	23.2
4 Brandon Faurotte, Winona	23.2
5 Eric Berquist, Mayo	23.4
6 Dan Connelly, Owatonna	23.4

400

1 Mike Thomas, Apple Valley	49.3
2 Kris O'Higgins, Burnsville	51.5
3 John Wahlstrom, Rosemount	52.3
4 Mike O'Brien, Austin	52.5
5 Eric Double, Winona	53.0
6 Greg Dummer, Red Wing	53.4

800

1 Vinnie Colapietro, Winona	1:58.2
2 Sather Ekblad, Winona	1:59.1
3 John Sheehan, Mayo	2:00.2
4 Drew Hendrickson, Rosemount	2:02.0
5 Mike Hoag, Roch JM	2:02.3
6 Paul Thornton, Northfield	2:03.4

1600

1 Chris Thompson, Faribault	4:17.7
2 Jamie Blomquist, Burnsville	4:22.8
3 Tim Soelter, Apple Valley	4:22.8
4 Todd McCallum, Mayo	4:30.9
5 Mark Waterman, Red Wing	4:33.3
6 Steve Briggs, Winona	4:33.5

3200

1 Chris Thompson, Faribault	9:27.4
2 Jamie Blomquist, Burnsville	9:30.6
3 Mark Waterman, Red Wing	9:37.6
4 Todd McCallum, Mayo	9:44.4
5 Chad Duffy, Rosemount	9:51.6
6 Matt Heller, Red Wing	9:53.7

High Hurdles

1 Doug Williamson, Mayo	14.9
2 Nathan Young, Apple Valley	14.9
3 Dave Edson, Rosemount	15.1
4 Kent Johnson, Mayo	15.1
5 Jesse Akemann, Faribault	15.4
6 Wayne Robke, Owatonna	15.5

Intermediate Hurdles

1 Dave Edson, Rosemount	39.7
2 Chris Schmidt, Northfield	40.0
3 Nathan Young, Apple Valley	40.4
4 Kent Johnson, Mayo	40.6
5 Wayne Robke, Owatonna	40.7
6 Brent Gillen, Faribault	41.1

4x100 Relay

1 Apple Valley (M. Sims, C. Rowe, M. Thomas, D. Baiel)	43.2
2 Austin	44.8
2 Roch Mayo	44.8
4 Owatonna	44.9
5 Winona	45.2
5 Faribault	45.2

4x400 Relay

1 Apple Valley (N. Young, D. Krenzel, C. Rowe, M. Thomas)	3:25.1
2 Rosemount	3:29.4
3 Northfield	3:30.0
4 Roch Mayo	3:33.1
5 Burnsville	3:33.5
6 Albert Lea	3:34.0

Sprint Medley Relay

1 Northfield (E. Hewitt, JP Rue, K. Oxborough, D. Boardman)	3:41.5
2 Apple Valley	3:43.3
3 Roch Mayo	3:43.4
4 Rosemount	3:43.6
5 Roch JM	3:44.5
6 Faribault	3:45.1

* Ties Meet Record

** New Meet Record

q = qualified for State by Standard

Shot Put

1 Chuck Scripture, New Prague	50-11 ½
2 Joey Page, Austin	50-8 ½
3 Randy Seykora, Owatonna	50-3 ¼
4 Joel MacDonald, Roch JM	49-10 ½
5 Eric Klein, Apple Valley	49-10 ¼
6 Baron Ogren, Red Wing	49-10

Discus Throw

1 Randy Seykora, Owatonna	156-7
2 Dave Brinkhaus, Rosemount	147-2
3 Chuck Scripture, New Prague	147-1
4 Baron Ogren, Red Wing	142-5
5 Eugene Worke, Albert Lea	138-7
6 John Mooney, Burnsville	134-3

Long Jump

1 Craig Rowe, Apple Valley	21-10 ¼
2 Chris Ellingson, Mayo	21-8 ¼
3 Rob Fischer, Rosemount	21-5 ½
4 Dave Baiel, Apple Valley	21-1 ¼
5 Jesse Akeman, Faribault	20-4
6 Jim Johnson, Faribault	20-3 ¾

Triple Jump

1 Craig Rowe, Apple Valley	44-10 ½
2 Chris Ellingson, Mayo	43-5
3 Rob Fisher, Rosemount	43-2 ¾
4 Dave Boardman, Northfield	42-8
5 Bill Hewitt, Burnsville	42-5 ¾
6 Jeff Gudmundson, Winona	42-5

High Jump

1 Bill Hewitt, Burnsville	6-4
2 Nick Lampman, Red Wing	6-2
3 Rob Fischer, Rosemount	6-2
4 Chris Bolf, Lakeville	6-0
4 John Sheehan, Mayo	6-0
4 Greg Hasselblad, Red Wing	6-0
4 Derek Bishop, Apple Valley	6-0

Pole Vault

1 Mark Revor, Apple Valley	13-8
2 Terry Barta, Lakeville	13-8
3 Greg Corniea, Apple Valley	13-4 q
4 Terry Moore, Winona	13-4 q
5 Marko Pentti, Apple Valley	12-6
6 Larry Carlson, Northfield	12-6

Notes: